



## Woodsdale School

### MENUS FOR JUNE 2017

This institution is an equal opportunity provider. Menus are subject to change.

Thursday, June 1

#### Nuggets and Nachos

Chicken Nuggets with Nacho Chips, Cheese Sauce Bean and Salsa Dip

OR

Nacho Chips, hummus & salsa  
Cheese or Pepperoni Pizza  
WW Bagel, yogurt & cheese stick  
Salad of the week

Friday, June 2

#### Personal Pan Pizza

Cucumber Wheels

OR

Nacho Chips, hummus & salsa  
Cheese or Pepperoni Pizza  
WW Bagel, yogurt & cheese stick  
Salad of the week  
Carnival Cookie

Monday, June 5

#### Chicken and Waffles

Two favorites!!  
Crispy Chicken Fingers with warm waffles & syrup  
Applesauce

OR

Nacho Chips, hummus & salsa  
Cheese or Pepperoni Pizza  
WW Bagel, yogurt & cheese stick  
Salad of the week

Tuesday, June 6

#### Hamburger or Cheeseburger

Seasoned Wedges  
Mixed Vegetable

OR

Nacho Chips, hummus & salsa  
Cheese or Pepperoni Pizza  
WW Bagel, yogurt & cheese stick  
Salad of the week

Wednesday, June 7

#### Early Release

Pancakes w/syrup  
Sliced Ham

Thursday, June 8

#### Sal's Cheese Pizza

Broccoli

OR

Nacho Chips, hummus & salsa  
Cheese or Pepperoni Pizza  
WW Bagel, yogurt & cheese stick  
Salad of the week

Friday, June 9

#### Popcorn Chicken

Mashed Potato & gravy  
WW bread stick & corn

OR

Nacho Chips, hummus & salsa  
Cheese or Pepperoni Pizza  
WW Bagel, yogurt & cheese stick  
Salad of the week  
Choc Chip Cookie

Monday, June 12

#### Chicken Tenders w/ sauce

Oven Fries  
Carrots

OR

Nacho Chips, hummus & salsa  
Cheese or Pepperoni Pizza  
WW Bagel, yogurt & cheese stick  
Salad of the week

Tuesday, June 13

#### Macaroni and Cheese

Cornbread  
Green Beans

OR

Nacho Chips, hummus & salsa  
Cheese or Pepperoni Pizza  
WW Bagel, yogurt & cheese stick  
Salad of the week

Wednesday, June 14

#### Chicken Patty on Whole Wheat Bun

Potato Rounds  
Peas & Carrots

OR

Nacho Chips, hummus & salsa  
Cheese or Pepperoni Pizza  
WW Bagel, yogurt & cheese stick  
Salad of the week

Thursday, June 15

#### Hot Diggity Dog

Baked Beans  
Chips

OR

Nacho Chips, hummus & salsa  
Cheese or Pepperoni Pizza  
WW Bagel, yogurt & cheese stick  
Salad of the week

Friday, June 16

#### Ham & Cheese Sub

Baby Carrots  
Chips

## NUMBERS GAME.

30 SPF sunscreen provides about the same protection from sunburn and skin damage as higher numbers. What's important is to get good skin coverage, reapply at least every 2 hours (more frequently when swimming or exercising), and choose sunscreen that provides "broad-spectrum" or "UVA/UVB" protection.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.  
**WELLNESS IS A WAY OF LIFE!**

**SUNDAY  
JUNE 18,  
2017**



**FATHER'S  
DAY**



**Smile.**  
It's summertime.

We'll see you next year. Enjoy!