



Labor and delivery, contraception and teen pregnancy

Freshman Health



Using the context clues fill in the blanks so the story makes sense.

Two of the signs that indicate that a pregnant woman is in labor include feeling painful _____ and when her _____ breaks (this means the amniotic sac holding the baby has broken). A woman should head to the hospital when her contractions are approximately _____ minutes apart. She must wait for her _____ to dilate 10 cm before she can begin to push the baby out. Sometimes a woman need to have the baby surgically removed, this is called a _____. Once the baby is out it's nose and mouth are suctioned so s/he can breathe air and the _____ is cut. After the baby is out, the mom has to push out the rest of the umbilical cord, the placenta and the amniotic sac. Collectively, these things are known as _____. (in the case of a c-section, the doctor will remove them).

Word bank:

Afterbirth

umbilical cord

contractions

4

cesarean section

water

cervix

Define the following terms

Breech birth:

Forceps:

Obstetrician:

Epidural:

Ectopic pregnancy:

Episiotomy:



Contraception/birth control (a means of preventing pregnancy. Birth control does NOT mean just “the pill”)

Which methods require a doctor to obtain?

Birth control pills

Diaphragm

Nuva ring

Implant

IUD

Birth control patch

Sterilization (vasectomy/tubes tied)

Which methods can you use without a doctor?

Abstinence

Condoms

Withdrawal/pulling out

Natural family planning

Spermicidal foam or gel

Research these common forms of contraception: What are they and how do they work?

Birth Control Pills

Condoms

Pulling out

Abstinence

Spermicide

Rank these forms of birth control. Give a 1 to the one that is the BEST at preventing pregnancy and a 5 to the one that is LEAST effective

Birth Control Pills

Condoms

Pulling out

Abstinence

Spermicide

Teen pregnancy facts:

Every year approximately 750,000 teens will get pregnant (That is 3 in 10 teens)

25% will have a second child within 2 years

A teen mother's baby is twice as likely to die before his/her first birthday

Half of the girls who have babies before the age of 18 drop out of school.

Less than 2% of teen moms earn a college degree by age 30

If you give birth at age 15 or younger, it is likely that your daughter will too.

Child abuse is high in young families

There is a direct correlation between teenage pregnancy and poverty. (many unmarried teen mothers end up on welfare)

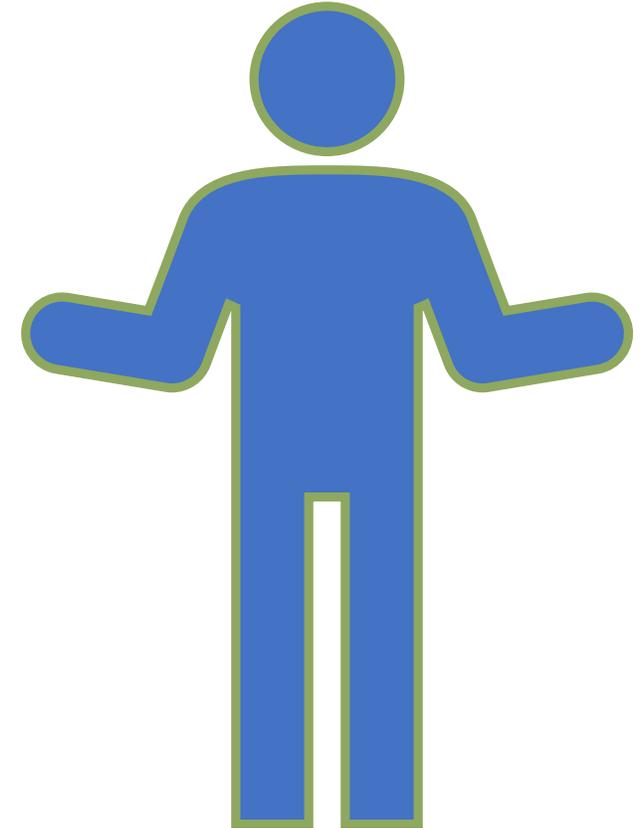
8 out of 10 teen dads don't marry the mother of their child

The US has twice the teen pregnancy rate of Canada. Germany and France both have rates 4x lower than the US and Japan's rate is 8x lower

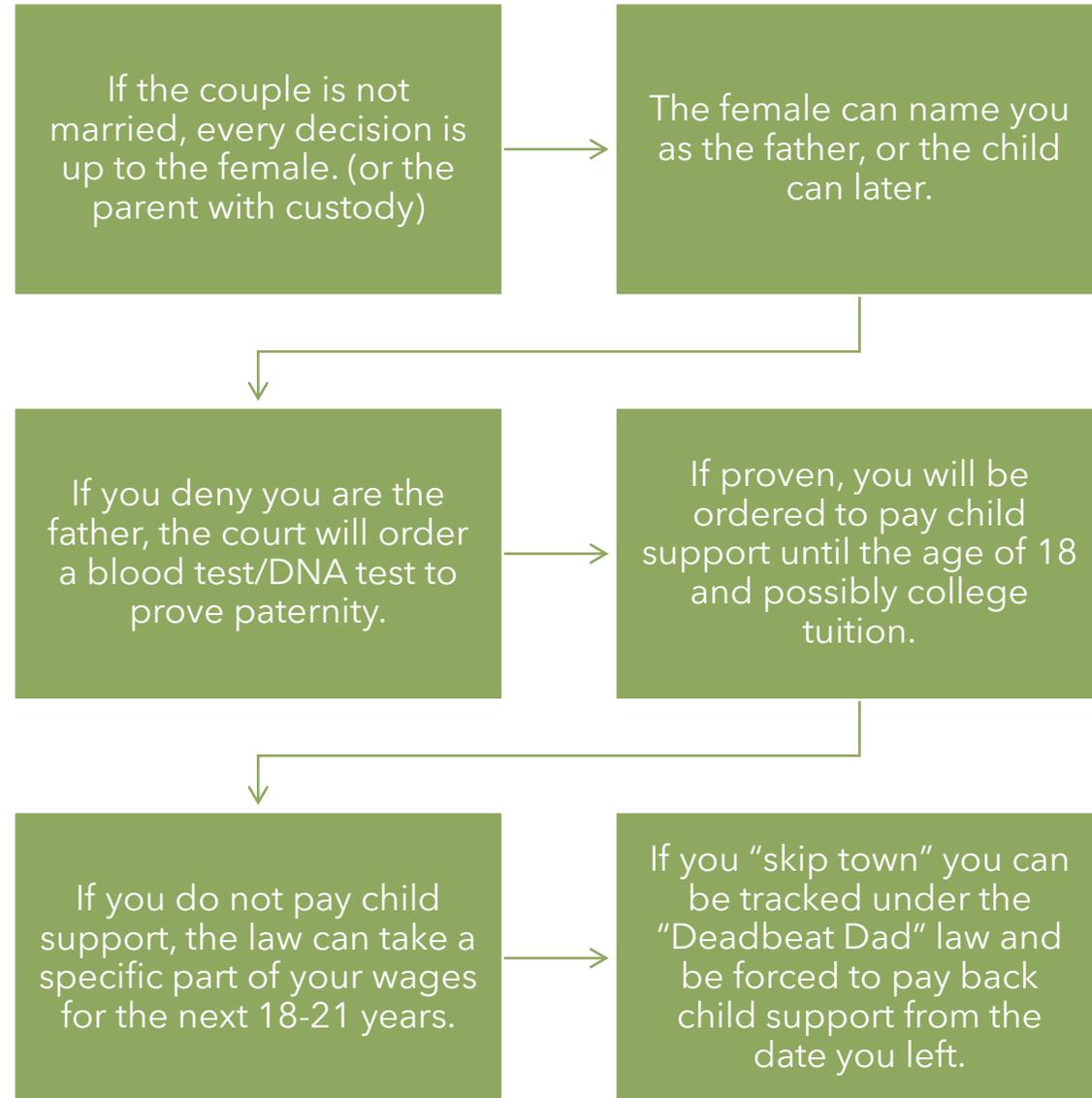
—

What do you think? There is zero chance that all of these teen pregnancies are accidents.

Give 4-5 reasons why you think a teenage girl would try to get pregnant on purpose?



What is the father's role?



Kahoot time!! this is a short 10 question T/F quiz to see what you have learned

https://kahoot.it/challenge/05678328?challenge-id=bbf1921e-88dd-48a3-9c58-36fe992b6f6c_1610561320085

Game PIN: **05678328**

Click on the link or go to kahoot.com and enter game PIN

Write your score here: